

- You may not have anything to eat or drink (including water) for eight (8) hours prior to the appointment.
- No smoking at least 12 hours before surgery. Ideally, decrease or stop smoking as far in advance of your surgery as possible.
- A responsible adult must accompany the patient to the office, remain in the office during the procedure, and drive the patient home.
- The patient should not drive a vehicle or operate any machinery for 24 hours following IV sedation or general anesthesia.
- Please wear loose fitting clothing and low-heeled shoes. Sleeves should be easy to roll up past the elbow.
- Please do not wear lipstick, excessive makeup, or nail polish the day of surgery.
- If you have an illness such as a cold, sore throat, stomach or bowel upset, please notify the office.
- If you take routine medications, please check with one of our surgeons prior to your surgery for instructions regarding continuation or discontinuation of the medicine.