Beth Israel Foot and Ankle Service Beth Israel Deaconess Medical Center BID-Needham Hospital Phone: 617-667-3940 Fax: 617-667-2155 Christopher Miller, MD Foot and Ankle Service Beth Israel Deaconess Medical Center Harvard Medical School

Bunion Non-Operative Protocol

These can be purchased online (e.g. <u>www.amazon.com</u>, <u>www.footsmart.com</u>, etc)

1) Ball and ring shoe stretcher



2) Bunion Brace



3) Silicone Toe Spacer

